



# SIAN JENNER MA

## Drama therapist

### CONTACT

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### EDUCATION

ROYAL CENTRAL LONDON UNIVERSITY

**2022- 2023 Creative Arts Supervision Trained**

UNIVERSITY OF DERBY

**2010 - 2012 MA Dramatherapy**

WORCESTER UNIVERSITY

**2007 2010 BA(Hons) Drama and production**

### SKILLS

- Experienced
- Empathetic
- Excellent Communicator / Creative
- Online therapy institute Cyber therapist certified
- Dyadic Developmental Psychotherapeutic trained levels 1 & 2
- Neuro Dramatic Play Dip
- Training offered to teachers and parents.

### LANGUAGE

English

## Drama therapist

### About Me

I am an experienced HCPC registered Dramatherapist in private practice since 2013 working in both private and public sectors. Dramatherapy is a creative based person-centered form of psychotherapy. I work with children, adolescents and adults. I offer face to face (location dependent) and online therapy, individual and group. I am trained as Creative Arts trained Clinical Supervisor and offer supervision online either individual or group. I am able to work with individuals or groups using virtual and playful worlds if desired.

I work with; anxiety, low self-esteem, loss, grief, attachment disorder. Being trauma informed, childhood abuse, PTSD, family relationships, communication skills including post adoptive families. I specialize supporting those who are neurodivergent such Autism or ADHD and struggle with social skills.

I also offer training to parents and teachers to better understand behaviour, and encourage a compassionate and holistic environment.

### WORK EXPERIENCE

#### DRAMA THERAPIST | 2021 - 2023

National Star College Gloucestershire face to face therapy.

- Work within a multi disciplinary team of therapists
- Offer Supervision to trainee therapists
- Support young adults with multiple physical disabilities
- Support young adults with severe neurodivergence to find expression and feel heard
- Offer training to support staff to comprehend the expressive language of the individual
- Promote further understanding of the therapeutic process

#### DRAMA THERAPIST | 2021 - 2024

Special Guardianship Support Gloucester County Council face to face therapy

- Offer emotional support to child/young person many of whom had suffered trauma through abuse
- Offer guidance and support to carer/guardian
- Life Story work to support young person/child to more fully comprehend how they came into care system and why safely.
- To support families to comprehend behaviours shown by the child and how they may more fully support them.
- Enable coping strategies for families and school
- Support the child at school and their teachers to maintain a holistic environment for them.

**FREELANCE DRAMA THERAPIST | VARIOUS EDUCATIONAL SETTINGS 2013 – 2024 BREAK DURING COVID**

- Supporting those children and young people between ages five – sixteen :-
  - emotional dysregulation
  - social skills and peer friendship
  - Autism & ADHD
  - Trauma
  - Loss, grief, bereavement
  - Training to teachers- trauma and dysregulatory behaviour - understanding body language
  - Coping strategies and encompassing a holistic classroom
  - Offering drop in sessions to teachers for Supervision
  - Group Supervision - end of term decompression before vacation period
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**DRAMA THERAPIST | 2015 – 2024**

Adoption Central England Worcestershire County Council

- Offer emotional support to child/young person many of whom had suffered trauma.
  - Offer guidance and support to carer/adoptive parents
  - Life Story work to support young person/child to more fully comprehend how their story and how came into care system or be adopted.
  - To support families to comprehend behaviours shown by the child and how they may more fully support them.
  - Enable coping strategies for families
  - Support using Attachment focused models DDP and NDP
  - Life Story Work
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**DRAMA THERAPIST | 2024**

GARAS Gloucester Action for Refugees and Asylum Seekers

- Work within a multi disciplinary team of therapists
  - Support young adults who had witnessed violence and suffered trauma
  - Support through loss, grief, bereavement and loneliness
  - Emotional support and coping strategies
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## REFERENCES

**Clare Wilson**  
**Wellbeing Departmental manager**

National Star College

**Email:** cwilson@nationalstar.org

**Julie Reid**  
**Kinship Support Team**

Gloucester County Council

**Email:** Julie.Reid@gloucestershire.gov.uk